

MEN'S COAT & SHIRT SIZING

SIZE	CHEST	COLLAR	SLEEVE LENGTH
S	37-39"	14-14 ½"	37-33"
M	40-42"	15-15 ½"	33-34"
L	43-45"	16-16 ½"	34-35"
XL	46-48"	17-17 ½"	35-36"
2X	49-51"	18-19 ½"	36-37"
3X	52-54"	19-20"	36-37"

To measure chest – raise arms slightly and measure just under the arm. Cross the fullest part of your chest.

To measure collar – place measuring tape around the fullest part of your neck and keep the tape snug but not tight. Place two fingers between tape and neck for a comfortable fit.

To measure sleeve – at a relaxed stand arms down at your side. Measuring tape at center back of the neck under collar. Tape should go squarely over top of shoulder then down arm to a comfortable length i.e. the cuff should fall 1 inch to 1-1/2 inches below wrist bone.

MEN'S VEST SIZING

SIZE	UPPER BODY / CHEST
S	37 – 39"
M	40 – 42"
L	43-45"
XL	46 – 47"
2X	48 – 50"
3X	51 – 52"

WOMEN'S BLOUSE SIZING

SIZE	BUST
S	36"
M	38"
L	44"
XL	48"
2X	52"

WOMEN'S VEST SIZING

SIZE	BUST
S	36 - 37"
M	38 - 39"
L	40 - 41"
XL	42 - 44"
2X	45 - 47"

WOMEN'S COAT SIZING

SIZE	BUST	WAIST
	(up to)	(up to)
XS	36 - 37"	32 - 33"
S	38 - 39"	34-35"
M	40"	36"
L	41 - 42"	37 - 38"
XL	43"	39"
2X	44 - 45"	40 - 41"

Other Sizing Notations:

MEN'S TROUSERS

Trousers are measured in inches i.e. hemmed has a 36" inseam. Most of the trousers can ride higher in the waist than modern pants. You may need to go one size up for the right fit.

Men's clothing runs true to size.

LADIES'

Size for most women's clothing varies by the style. The best way to get a good fit is to learn how to measure yourself.

A cloth tape measure and a full length mirror. Take measurements undressed or in lightweight clothes. Pull the tape measure snug, but not too tight. Keep your arms at your side and have a friend take the measurements, for the best results. And don't slouch! Stand up nice and tall.

Bust

Measure around the shoulder blades, under the armpits and over the fullest part of the bust.

Waist

Find your natural waistline and measure.

Hip

Measure the fullest part of the hip (usually about 7-9 inches below the waist)

Bra Size

1. Wear a comfortable bra and measure the rib cage just below the breast. If the number is 33 or less, add 5 inches to that number and that is your bra size. Over 33 inches add 3 inches to get your bra size. Both ways, rounding odd numbers up to even.

2. Then take measure the bust around the fullest part. When you subtract the last number (fullest part) by the among of your bra size, you'll come up with a number used to determine cup size by using the chart below (the A,B,C, etc. cup chart) For example if your bra size was 36 and your cup measurement was 38, the difference is 2" so you would wear a 36B.